

HAMPSHIRE HORSE

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On-line at www.petercox-photography.co.uk

AUGUST 2009 (Issue 57)

What's On:

Mon 3 – Fri 7 Aug: Own a Pony Week, Quob Stables, Durley Brook Road, Durley, Southampton SO32 2AR. Tel 023 8069 4657. www.quobstables.com, email enquiries@quobstables.com

Wed 5 & 19 Aug: Clear Round Evening, Crofton Manor EC, Titchfield Road, Stubbington, Fareham PO14 3EW. To book half hour slot pls call 07500 660049. www.croftonmanor.co.uk

Sun 9 Aug: Cadnam Show Society BDS Affiliated Driving Event/Shetland and Miniature Horse Show, Terry's Lawn, Petlake Farm, Ringwood Road, Netley Marsh, Nr Cadnam SO40 7LA. Show Secretary Mrs.H.Long, 501 Romsey Rd, Maybush, Southampton, Hants SO16 9GQ. Email hazellong2003@yahoo.co.uk, Tel. 07789 888375 or 02380 776854. Schedules available at www.nfed.co.uk

Fri 13 Aug: Fiona Foy Dressage Clinic, Ipley Manor, Marchwood SO40 4UR. Dressage training for all levels. Individual sessions. Outdoor school with mirrors. Iberian horses welcome but all levels, standards, breeds and ages catered for. Very friendly. For more details, or to book, please contact Fiona on 07968 059434. www.fionafoy.co.uk

Dressage Made Simple

Ben St John James
&
Roland Tong

Dressage Demonstration
at Little Leigh Farm
Sunday 23rd August
3pm - 5pm
Tickets £15

Little Leigh Farm
Prospect Lane
Havant
PO9 5JN

For tickets visit www.littleleighfarm.co.uk Or call 02392 413687

Sun 23 Aug: Cadnam Show Society In-hand and Ridden Show, Terry's Lawn, Petlake Farm, Ringwood Road, Netley Marsh, Nr Cadnam SO40 7LA. Show Secretary Mrs.H.Long, 501 Romsey Rd, Maybush, Southampton, Hants SO16 9GQ. Email hazellong2003@yahoo.co.uk, Tel. 07789 888375 or 02380 776854. Schedules available at www.nfed.co.uk

Portchester Horse & Pony Association

Sun 23 Aug: Sponsored Ride, Thorney Island

Sun 13 Sept: Fun Show, Danes Road, Portchester

Sun 4 Oct: Dressage, Thorney Island

For further details please contact Steph on 023 9261 9408 / 07857 956105

Mon 24 – Fri 28 Aug: Own a Pony Week, Quob Stables, Durley Brook Road, Durley, Southampton SO32 2AR. Tel 023 8069 4657. www.quobstables.com, email enquiries@quobstables.com

Fri 28 Aug: Fiona Foy Dressage Clinic, Ipley Manor, Marchwood SO40 4UR. Dressage training for all levels. Individual sessions. Outdoor school with mirrors. Iberian horses welcome but all levels, standards, breeds and ages catered for. Very friendly. For more details, or to book, please contact Fiona on 07968 059434. www.fionafoy.co.uk

Sat 29 Aug: Clear Round Jumping, 9.00am, Crofton Manor EC, Titchfield Road, Stubbington, Fareham PO14 3EW. www.croftonmanor.co.uk

Sun 30 Aug: Summer Fun Show Jumping, Crofton Manor EC, Titchfield Road, Stubbington, Fareham PO14 3EW. www.croftonmanor.co.uk

Fri 4 Sep: Fiona Foy Dressage Clinic, Ipley Manor, Marchwood SO40 4UR. Dressage training for all levels. Individual sessions. Outdoor school with mirrors. Iberian horses welcome but all levels, standards, breeds and ages catered for. Very friendly. For more details, or to book, please contact Fiona on 07968 059434. www.fionafoy.co.uk

Sun 6 Sep: Cadnam Show Society In-hand and Ridden Show, Terry's Lawn, Petlake Farm, Ringwood Road, Netley Marsh, Nr Cadnam SO40 7LA. Show Secretary Mrs.H.Long, 501 Romsey Rd, Maybush, Southampton, Hants SO16 9GQ. Email hazellong2003@yahoo.co.uk, Tel. 07789 888375 or 02380 776854. Schedules available at www.nfed.co.uk

Sun 27 Sep: BHS Annual Fun Ride, Compton Cross Country Course, 100 Acres Farm, Compton, West Sussex PO18 9HD. Early bird discount close 15 Aug £15, advance entries close 23 Sept £20, late entries and on the day (register by 11.30am) £25. SAE to Mrs S Bailey, The Laurels, Forester Road, Soberton SO32 3QG, tel 01329 835376 (eves). Entry form at www.BHSHampshire.org.uk

Wed 30 Sep: Clear Round Evening, Crofton Manor EC, Titchfield Road, Stubbington, Fareham PO14 3EW. To book half hour slot pls call 07500 660049. www.croftonmanor.co.uk

Peter Cox Photography



We undertake all types of event photography from International events to Local Pony Club events and everything in between
We are taking bookings for the rest of the season - no attendance charge, irrespective of the size of the event.

We are also pleased to announce our new 'on line' shopping facility
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You can even continue shopping in any of the other galleries

Just go to the next gallery and continue shopping

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Sat 3 Oct: Carl Hester Lecture/Demo, Merrist Wood College, Holly Lane, Worplesdon, nr Guildford GU3 3PE. 2pm-5pm. Carl will ride horses from novice level upwards and demonstrate his training methods.

Tickets £40, Tel 01483 884147, or book on-line:

www.guildford.ac.uk/OpenToPublic/MerristWoodArenaEvents/EventsInformation/TrainingClinicsLectureDemos.aspx

Wed 28 Oct: Monty Roberts Willing Partners Tour, Merrist Wood College, Holly Lane, Worplesdon, nr Guildford GU3 3PE, 7.30pm. Advance tickets £25 (£30 on the door if available). Tickets can be booked on line or by phone 01488 71300 (£3.50 booking fee). If you have a horse suitable for one of these demos or would like further details, please ring 01488 71300 fax 01488 73783 email ih.office@virgin.net or go to www.intelligenthorsemanship.co.uk

Equine & Human Reiki Therapy

www.handsforhealing.co.uk

handsforhealing

Home
What is Reiki
Equine Reiki
Case Studies
My Fees
My Qualifications
Contact Us

Welcome

hello and thank you for visiting to this site.

My name is Kathryn Waller and I am a Reiki healer, specialising in healing horses. I also carry out healing on small animals and people.

My aim is to promote Reiki as an alternative healing therapy that is both natural and gentle for humans and animals. Horses and animals are a significant part of my life, and I feel that the path I am on right now has been chosen for me!

I was born in 1975 and have lived in Portsmouth for most of my life. During the day I work in the fast paced world of sales, but in the last few years I came upon this amazing spiritual journey, realising that I am able to help both animals and people with my natural healing abilities. I am always looking for ways to develop my skill, and regularly attend holistic workshops and courses. I am currently practising as a 2nd degree Reiki practitioner, and aim to become a fully qualified Reiki Master by the end of 2009.

I have a natural ability to be able to communicate with horses which is extremely beneficial when offering Reiki to them.

Reiki can aid healing for almost every known injury and illness, of which common causes in both animals and people are very often from a deep seated psychological or emotional problem. Reiki is very powerful at helping ease this emotional aspect!

Reiki healing can be very beneficial in encouraging your animal to relax and release tension and stress, as well as helping with behavioural problems.

Reiki for me has been an enlightening. It has helped me overcome many obstacles in my own life, to be positive every day, and given me renewed energy and faith. In turn I want to be able to bring this same emotional and practical experience to you and your animals, and for you to enjoy the benefits it has done.

Kathryn

I am a Reiki Master Reiki Practitioner, and covered in blue Reiki to horses, small animals and

My name is Kathryn Waller and I am a Reiki practitioner.
My aim is to promote Reiki as a complimentary therapy that is both natural and gentle for horses and people.

Reiki healing is a very gentle non-invasive therapy that most horses readily accept.

Reiki can:

- * assist your horse in recovery from veterinary treatment, and can help relieve tension from box rest boredom
- * help with circulatory and joint problems, easing stiffness and discomfort
- * heal any emotional problems such as loss of a companion
- * help a horse who is suffering behaviour or anxiety problems
- * help calm and relax nervous and highly strung horses
- * promote a healthy skin and coat
- * aid recovery from injuries
- * help calm your horse and promote general well being

I am based in Portsmouth but happy to travel within a 20 mile radius - please call me if you are outside this area

Fully insured Reiki Practitioner



If you think your horse would benefit from a healing session, please contact me to discuss:

Kathryn Waller
kathryn@handsforhealing.co.uk
07765 395172

or

visit my web site to read more information about Reiki Therapy

www.handsforhealing.co.uk

Horse Training Tips – A Safe Hack

For most riders, simply enjoying a safe hack is their main goal, but this goal can take a surprising amount of hard work to achieve. Many horse owners don't realise that having a nice hack comes from putting in lots of work in other areas. Inexperience causes riders to miss many of the warning signs that experienced riders spot along the way and they can then end up with a problem that damages their confidence and, will eventually require professional intervention.

When your horse's behaviour doesn't quite accord with your plan, it is your responsibility to adjust your training methods. Your horse can't. A common problem arises as a rider gains confidence and wants to do more with their horse, but they don't have the skills to bring their horse on. It's at this point, when it takes more than just hacking out and going round in circles in the school, that proper horse training skills are required. You can have that well-mannered horse, that does a bit of every discipline reasonably well, but only if you are prepared to become your horse's trainer and not just a rider.



Horse Training - The Basic Ground Rules: Whether you have a top quality dressage horse, a two year old youngster or a bombproof 20 year old in your stable, the basic ground rules are universal and will always apply. Decide what you want to achieve, then stick to the ground rules and dip into the vast pool of skills and suggestions available on the internet and in equestrian books and magazines.

Set Goals - Always Ask: If you don't know where you're trying to get to, how will you know how far you've come or when you've arrived?

How many times have you tacked up your horse, spent a couple of hours hacking out, got back to the yard and turned your horse out without asking it one question? There are times when switching off and simply enjoying a hack is exactly the right thing to do, especially if it is a planned part of your horse's training or if it just feels like the right thing to do after a hard week; but make sure you recognise that it contributes very little to producing a more supple and responsive horse.

Today's horses have more than enough time to themselves each day and for the short time you are with your horse, it's time for it to listen and to learn. Your horse likes to be mentally stimulated, to play games and be rewarded with affection and it's only when boredom sets in that your horse misbehaves, becomes rude and has no manners.

Horse Relationship Ground rules: Trying to be your horse's best mate may make you feel better, but will it do the same for your horse? Horse owners often confuse love with sentiment; ask your horse whether he'd rather have an owner, a leader he can trust and respect, or one who breathes gently up his nose each morning and buys him this season's top turnout rug and you'll be surprised by the answer. Your horse needs you to lead and **if you don't or won't then your horse will lead you.**

For successful horse training you need to establish trust and respect and this is done by setting ground rules that you stick to. A good relationship with your horse is of prime importance, but once you have established respect you will find that this happens quite naturally. You will also discover that like any true trusting relationship, it will become a two-way relationship and not a one-way, where you do all the giving. (www.localriding.com)

www.beau-cheval.com

Viki Sheppard (BHSAI)

Natural Horsemanship Practitioner

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- CLINICS / GROUPS / ONE-TO-ONE



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REBALANCE YOUR LIFE WITH YOUR HORSE

By understanding how the horse learns and why he behaves the way he does, and with an open mind, open heart & open hand approach, you can learn how to develop a fabulous communication with him based on trust, respect, understanding and consistency, helping you become a winning combination.

STAY SAFE & HAVE FUN WITH YOUR HORSE

www.beau-cheval.com

Lisa Stride-Turner N.A.R.E.M.T (Hons)

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Lisa Stride-Turner N.A.R.E.M.T (Hons)

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BROCHURES AVAILABLE ON REQUEST

Classifieds:

<p>YARD Wanted</p>	<p>Qualified BHSAI, business-minded, mature lady seeks yard and land Hampshire/West Sussex/Dorset to manage/rent/lease long term for own horses and with business potential. 7+ boxes, 10 acres + facilities i.e. outdoor arena and/or horse walker appreciated. Accommodation on site preferred. Permission for livery or potential. Alternatively well fenced grazing with water supply for own stock with shelter and stabling for rent, lease or purchase. Minimum 5 acres. To discuss call 07806 978556</p>
	<p>VW LT35 1994 L reg lady's horse box. Exceptional condition 3.5tonne horse box. Side Load. Currently carries x1 17.1hh horse and a smaller horse. Smart living with overhead luton bed, seating area and storage. Interior saddle and bridle compartment and rug shelf. 74,000 miles (two lady owners). Fully serviced and ready to go. Tax till Sep 09 MOT July 09. Very economical to run. Can be driven by a 17 year old. £9,995.00. Would consider part share of this lorry if located in the area. Please ring for details. Tel: Anytime- 07545096125 Ports / Hants (Nr Rowlands Castle)</p>
<p>SADDLE For Sale</p>	<p>17 1/2" Thorowgood T4 GP Cob synthetic saddle. Black leather-look with suede effect seat and knee pad. With fish system changeable inserts. To fit wide, low withered horses, such as cob-type, Arab, or large Native breeds. Fitted my Arab/Welsh 15.1hh gelding. 18 months old. Excellent condition. £175 ono Tel 07759 571864 (Clanfield)</p>
<p>WANTED Buy or Loan</p>	<p>Following sad loss of an old friend, I am seeking on loan or to buy at reasonable price, 14-15hh Cob or Cob X. (Not too heavy). Super home at Fontwell in nice private yard. Experienced adult rider willing to start or bring on young horse. Tel 01903 889577</p>
<p>SADDLE For Sale</p>	<p>Wintec 500, 17", brown, 2 years old. Excellent condition. £100 ono Tel: 023 9225 1222 (Waterlooville)</p>
<p>SADDLE For Sale</p>	<p>Brown leather 17" GP Fieldhouse Saddle. Good condition. Marked as narrow, but did fit a 16hh Cleveland Bay/TB. Bargain at £295. Please call 07880 553794 (Horndean)</p>
<p>SADDLE For Sale</p>	<p>18", suede seat, black leather dressage saddle. Medium/narrow. £200. Tel: 023 9259 8747 (Clanfield)</p>
<p>SADDLES For Sale</p>	<p>Wintec Equisuede Western Saddle, black, 15" seat (approx 17" English equivalent) and is a wide fitting. Excellent condition, Doesn't fit current horse. Used twice. Western girth straps have been replaced with English ones, so you can use straight away with your normal girth! RRP £375 – will sell for £175 ovno. Will post for £15 or collect North Hampshire. Thorowgood Griffin Pony Club GP Saddle, 16.5", wide fitting. Used but excellent condition, sadly outgrown. Excellent small adult/teenager's saddle. Leather-look with suede knee rolls. Pre-Fish model. RRP £275 – will sell for £95 ovno. Postage as above. Email chesca@handpaintedmagic.co.uk or Tel 01256 884040. Photos can be emailed!</p>
	<p>Matisse (Mattie) is an 18 year old American TB mare looking for a nice home and a quieter life. Good conformation and open to vet. Has been with present owner for the last ten years. Has competed in Dressage, XC, Show jumping to pre-novice level, but is not looking for a competitive home. Good to hack, alone or in company. Good in traffic, but dislikes large vehicles (tractors, Lorries etc...). Despite being 18years old has lots of miles left on the clock and is fit and ready to run. DVD available on request and can be seen ridden and on the ground in present home in Oakley. I will only consider mature and experienced riders. £2000 no offers. 2 new Albion saddles (Dressage and GP) and Albion bridle available at additional cost. As with all her good quality rugs. Serious enquiries only to Kerri on 07989 416319</p>

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